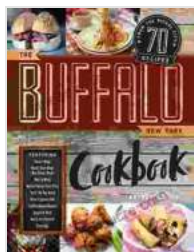


# 70 Delectable Recipes from the Nickel City: A Culinary Journey Through Buffalo's Rich History

Nestled on the shores of Lake Erie, Buffalo is a city steeped in rich history and culinary traditions. Known as the "Nickel City" due to its once-thriving steel industry, Buffalo has evolved into a vibrant metropolis with a thriving food scene that reflects its diverse heritage.

This comprehensive article embarks on a gastronomic adventure, showcasing 70 delectable recipes that capture the essence of Buffalo's culinary culture. From classic comfort foods to innovative creations, these dishes are a testament to the city's resilience, creativity, and unwavering love for good food.



## The Buffalo New York Cookbook: 70 Recipes from The Nickel City by Arthur Bovino

★★★★☆ 4.7 out of 5

Language : English  
File size : 23209 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Print length : 176 pages



## Appetizers

1. **Buffalo Wings (a.k.a. Hot Wings):** The city's signature dish, these crispy chicken wings are doused in a spicy sauce made from cayenne pepper, vinegar, and butter.
2. **Loganberry Punch:** A refreshing cocktail made with loganberry juice, lemon juice, and vodka, perfect for sipping on a hot summer day.
3. **Beef on Weck:** Thinly sliced roast beef piled high on a kummelweck bun, a unique bread topped with caraway seeds and salt.
4. **Buffalo Chips and Dip:** Tortilla chips served with a creamy dip made with blue cheese, celery, and carrots.

## Main Courses

1. **Roast Beef on Kimmelweck:** A classic Buffalo dish, roast beef cooked to perfection and served on a Kimmelweck roll.
2. **Pepperoni Pizza:** Thin and crispy pizza topped with tangy pepperoni, mozzarella cheese, and a flavorful tomato sauce.
3. **Fish Fry:** Beer-battered haddock or cod served with tartar sauce and coleslaw.
4. **Hamburger with French Fries:** A hearty meal featuring a juicy hamburger patty, fresh lettuce, tomato, onion, and crispy French fries.
5. **Beef on Weck Sandwich:** Thinly sliced roast beef on a kummelweck bun, topped with horseradish and au jus.
6. **Buffalo Style Chicken Fingers:** Breaded chicken fingers coated in Buffalo sauce, served with celery sticks and blue cheese dressing.

7. **Grilled Cheese Sandwich:** American cheese melted between two slices of toasted bread, the perfect comfort food.

## Sides

1. **Coleslaw:** A refreshing side dish made with shredded cabbage, carrots, celery, and a tangy dressing.
2. **French Fries:** Crispy potatoes cut into thin strips and fried to perfection.
3. **Macaroni Salad:** A classic summer dish featuring cooked macaroni, mayonnaise, celery, and onions.
4. **Potato Salad:** A creamy dish made with boiled potatoes, mayonnaise, celery, and onions.
5. **Green Bean Casserole:** A holiday staple, green beans topped with a creamy mushroom soup casserole.
6. **Mashed Potatoes:** Creamy mashed potatoes made with butter, milk, and salt and pepper.

## Desserts

1. **Sponge Candy:** A Buffalo specialty, airy candy made with sugar, corn syrup, and vanilla.
2. **Chocolate Cake:** A moist and decadent chocolate cake with a rich chocolate frosting.
3. **Apple Pie:** A classic American dessert featuring cinnamon-spiced apples baked in a flaky crust.

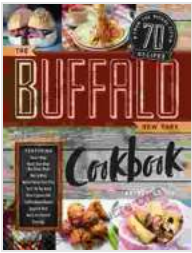
4. **Strawberry Shortcake:** Buttermilk biscuits topped with fresh strawberries and whipped cream.
5. **Boston Cream Pie:** Two layers of yellow cake filled with custard and topped with chocolate ganache.
6. **Peanut Butter Cup Pie:** A creamy peanut butter pie with a chocolate cookie crust.
7. **Ice Cream:** A variety of flavors to choose from, perfect for a hot summer day.

## Beverages

1. **Milk:** A staple beverage in Buffalo, especially when paired with sponge candy.
2. **Coffee:** A morning essential, with many local coffee shops to choose from.
3. **Loganberry Punch:** A refreshing cocktail made with loganberry juice, lemon juice, and vodka.
4. **Beer:** A variety of local breweries offer a range of craft beers to choose from.
5. **Grape Juice:** A sweet and refreshing beverage, especially popular during the grape harvest season.

This culinary journey through Buffalo's rich history reveals an eclectic tapestry of flavors that reflects the city's diverse heritage and unwavering love for good food. From comforting classics to innovative creations, these 70 recipes embody the essence of Buffalo's culinary culture. Whether

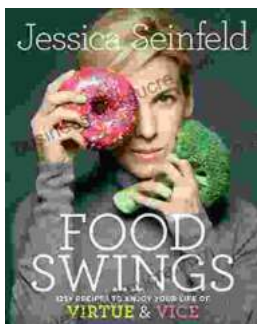
you're a local resident or a visiting foodie, these dishes are sure to tantalize your taste buds and leave you craving for more.



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