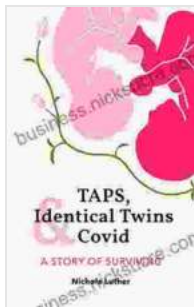


TAPS Identical Twins and COVID: A Story of Love, Loss, and Overcoming Adversity

In the spring of 2020, as the COVID-19 pandemic swept across the globe, two identical twin sisters found themselves on opposite sides of a heartbreaking divide. One, a vibrant and healthy young woman named Sarah, succumbed to the virus after a brief but valiant fight. The other, a resilient and determined woman named Emily, was left to grieve the loss of her other half.



TAPS, Identical Twins and Covid : A Story of Surviving

by Nichola Luther

★★★★★ 5 out of 5

Language : English
File size : 830 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 110 pages
Lending : Enabled



Sarah and Emily had been inseparable since birth. They shared everything, from their clothes to their dreams. They were each other's best friend, confidante, and support system. When Sarah passed away, Emily felt as though a part of herself had died with her.

In the depths of her grief, Emily turned to TAPS (Tragedy Assistance Program for Survivors), a national organization that provides support and resources to families who have lost a loved one in the military or through other tragic circumstances. Emily found solace and strength in connecting with other survivors who understood her pain.

"TAPS has been a lifeline for me," Emily said. "It's a place where I can share my story and my grief with people who have walked a similar path. I've met so many amazing people through TAPS, and they've helped me to find hope and healing."

One of the most important things Emily has learned through TAPS is that she is not alone in her grief. There are millions of other people who have lost loved ones to COVID-19, and they all need support.

"I want to encourage everyone who has lost a loved one to COVID-19 to reach out to TAPS," Emily said. "They can help you find the support and resources you need to grieve and heal."

In addition to the support she has received from TAPS, Emily has also found healing through her connection with her sister. She talks to Sarah every day, and she knows that her sister is always with her in spirit.

"I know that Sarah would want me to live my life to the fullest," Emily said. "She would want me to be happy and to follow my dreams. I'm determined to honor her memory by living a life that is full of love, laughter, and adventure."

Emily is an inspiration to all who have lost loved ones to COVID-19. Her story is a reminder that even in the darkest of times, there is always hope

and healing to be found.

How to Get Help

If you have lost a loved one to COVID-19, there are many resources available to help you cope with your grief. Here are a few:

- TAPS (Tragedy Assistance Program for Survivors): 1-800-959-TAPS (8277) or www.taps.org
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Crisis Text Line: Text HOME to 741741
- The American Foundation for Suicide Prevention: 1-800-273-8255 or www.afsp.org

You are not alone. There are people who care about you and want to help you through this difficult time.



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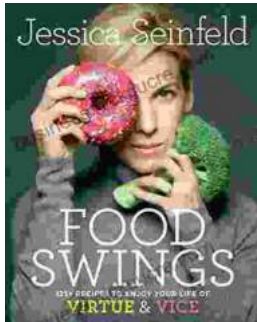
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